



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HEARTY FLAVORFUL HOMEMADE

EVENTS AND RETREATS MENU
Joe C. Davis YMCA Outdoor Center



BREAKFAST

All breakfast meals served with a continental breakfast bar.
The breakfast bar includes fruit, pastries, cereal, and yogurt.

Please choose one of the menu options below:

OPTION ONE

Scrambled Eggs
Bacon & Sausage Links
Breakfast Potatoes or Hash Brown Casserole
Biscuits and Sausage Gravy

OPTION THREE

Scrambled Eggs
Bacon & Sausage Links
Breakfast Potatoes or Hash Brown Casserole
Baked Apples
Biscuits

OPTION TWO

French Toast & Maple Syrup
Bacon & Sausage Links
Breakfast Potatoes or Hash Brown Casserole

OPTION FOUR

Waffles & Maple Syrup
Bacon & Sausage Links
Breakfast Potatoes or Hash brown Casserole

*Turkey sausage and bacon available upon request

LUNCH

All lunch meals are served with a full salad bar.
Please choose one lunch entree and two lunch sides:

LUNCH ENTREES (PICK ONE)

BBQ Sandwiches (Pork or Chicken)
Chicken Fajitas
Hamburgers/Cheeseburgers
Ground Beef Tacos with Corn or Flour Tortillas
Chicken Tacos with Corn or Flour Tortillas
Chicken Tenders
Breaded Chicken Sandwich
Soup & Sandwich Bar
Chili

LUNCH SIDES (PICK TWO)

Homemade cole slaw
Black Beans
Peas & Carrots
Seasonal Vegetables
Spanish Rice
French Fries
Sweet Potato Fries
Red Skin Potato Salad
Mexican Street Corn
Soup

DINNER

All dinner meals are served with dinner rolls, full salad bar and dessert.
Please choose one dinner entree and two dinner sides:

DINNER ENTREES (PICK ONE)

BBQ Chicken	Sweet & Sour Chicken
Cajun Chicken	Pizza
Blackened Chicken	Baked Ziti
Herb-roasted Chicken	Baked Spaghetti
Parmesan Chicken with Marinara	Meat Lasagna
Meatloaf	Vegetarian Lasagna
Beef and Broccoli	Cheese Lasagna

PREMIUM DINNER ENTREES (ADDITIONAL CHARGE)

Prime Rib
Salmon
Pork Tenderloin
Grilled Chicken Breast

DINNER SIDES (PICK TWO)

Sautéed Green Beans with Shallots	Whipped Potatoes	Rice Pilaf
Black Beans	Roasted Potatoes	Stir Fry Vegetables
Creamed Corn with Parsley	Spiced butternut squash	Seasonal vegetables
Creamy Orzo with Parmesean	Corn on the Cob	Turnip Greens
Mixed Vegetables	Soup	

SOUP OPTIONS

Vegetable
Chicken
Tomato
Potato
Tortilla
Corn Chowder



DESSERTS (PICK ONE)

Brookies
Brownies
Chocolate Chip Cookies
Chocolate Cake
Lemon Bars
Snickerdoodles

*Other desserts available upon request.